



2024 - 2025

Sailing Instructions



FREMANTLE SAILING CLUB (FSC)

151 Marine Terrace, Fremantle 6160

Western Australia

Phone: +61 8 9435 8800

Email: sailingadmin@fsc.com.au

Web: fremantlesailingclub.com.au

BOARD OF MANAGMENT

Commodore

Kyle Timms

Vice Commodore

Anothony Kirke

Rear Commodore of Sail

Stephen Parkinson

Rear Commodore of Power

Charlotte Osborne

Rear Commodore of Fishing & Dive

Neville Norkett

Treasurer

Michael Webb

Board Member

Bill Henson

Board Member

Michael Chappell

Board Member

David Kenny

Board Member

Steve Delfos

Board Member

Anita Wyntje

Board Member

Rod Mulcahy

Board Member

Máire Connolly

Chief Executive Officer

Craig Evans

SAILING COMMITTEE

Rear Commodore of Sail

Stephen Parkinson

Keelboat Captain

John Rayner

Cruising Captain

Gordon Baird

Dinghy Captain

Tim Brazier

Protest Chair

Paul Green

BOATING OFFICE STAFF

Scott Nunn	Senior Sailing Administrator	08 9435 8821	seniorsailingadmin@fsc.com.au
Chris Charwood	Head Coach	08 9435 8817	headcoach@fsc.com.au
Xavier Bates	Dinghy Administrator	08 9435 8809	sailing@fsc.com.au
Gerard Wilson	Keelboat Instructor		keelboatinst@fsc.com.au

AMENDMENTS TO DINGHY NoR & GENERAL SIS

Notice to Competitors (NTC)

NTC#	Description	Posted
1	Correction of mark rounding order for OK Dinghy class and change of D Flag functionality.	1/10/24



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Organising Authority: Fremantle Sailing Club (FSC)

DINGHY RACING NOTICE OF RACE & GENERAL SAILING INSTRUCTIONS

The Dinghy summer sailing season will be conducted from 05 October 2024 until 12 April 2025.

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. RULES

- 1.1. The event is governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2. Boats shall comply with AS Special Regulations Part 2, Off The Beach Boats.
- 1.3. Appendix B Windsurfing Fleet Racing Rules will apply.
- 1.4. Appendix T Arbitration will apply.

2. NOTICE TO COMPETITORS

Notices to competitors will be posted on the official online notice board (ONB) and may also be posted to the Racing Noticeboard at the Dinghy Clubhouse.

<https://fsc.com.au/dinghy-noticeboard/>

3. CHANGES TO SAILING INSTRUCTIONS (SIs)

- 3.1. Any change to the SIs will be posted not less than 2 hours before the first race of the day. Any change to the schedule of races will be posted by 1800 on the day before taking effect.
- 3.2. Changes to an SI may be made on the water by displaying Code Flag 'L' from the Race Committee vessel. The change may be communicated either orally or in writing.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the flag mast located on the western side of the Dinghy Clubhouse.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.
- 4.3. [DP] [NP] A boat shall not leave the shore until flag D (with one sound signal) is displayed. The warning signal will be made not less than 30 minutes after flag D is displayed.

5. COMMUNICATION [DP]

While racing, from the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive or data communication that is not available to all boats.

6. CODE OF CONDUCT [DP]

Competitors and support persons shall comply with reasonable requests from race officials.

7. ELIGIBILITY AND ENTRY

7.1. Events are open to all boats of the following Off The Beach Classes:

- *Optimist Intermediate*
- *Optimist Open*
- *Pacer*
- *ILCA 4*
- *ILCA 6*
- *ILCA 7*
- *29erXS*
- *29er*
- *505*
- *SB20*
- *Windfoil*
- *OK Dinghy*
- *470*

7.2. All competitors shall be a current financial member of FSC.

7.3. Visiting boats shall be registered at a club affiliated with Australian Sailing.

7.4. To be considered an entry in the events, a boat shall complete all registration requirements and submit the following documentation:

- a) Equipment Audit Form signed by an Equipment Auditor.
- b) Certificate of Insurance

8. FEES

There are no entry fees.

9. ADVERTISING

9.1. Boat names and any advertising shall not conflict with FSC's sponsors and shall be in accordance with acceptable public standards.

9.2. Boats may be required to display advertising chosen and supplied by the OA.

10. SCHEDULE OF EVENTS

10.1 Refer **Addendum A**.

10.2 On each race day no warning signal will be made after 1600 hours.

10.3 Up to three (3) races may be completed on any race day.

10.4 For windsurfing and foiling classes, up to six (6) races may be completed on any racing day.

10.5 For Club Championship races, the first 2 races of the day will count towards the series score.

10.6 To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed by the race committee, with one sound signal, at least one minute before a warning signal is made.

11. CLASS FLAGS

The Class flags are:



Optimist Open



Optimist Intermediate



Pacer



ILCA 4



ILCA 6



ILCA 7



OK Dinghy



29er



29erXS



505



SB20



Windfoil



470

12. EQUIPMENT INSPECTION

Upon registration each boat shall complete a valid Australian Sailing Equipment Audit Form. Auditors may check boats against the self-completed form throughout the season.

13. RACING AREA

Refer **Addendum B**.

14. MARKS & COURSES

- 14.1. SI **Addendum C** shows the marks and courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 14.2. If only one gate mark is present, boats shall round the single mark to port.
- 14.3. No later than the warning signal, the Race Committee will designate the course by displaying the relevant naval numeral pennant.

15. PENALTY SYSTEM

- 15.1. RRS 44.1 is changed so that the Two-Turns Penalty is replaced by a One-Turn Penalty.
- 15.2. For breaches of the SIs the Race Committee may apply a scoring penalty [SP] without a hearing. The SP for this series is 2 points for each breach. This changes RRS 63.1 and Appendix A5.1.

16. THE START

- 16.1. Races will be started in a 3-minute starting sequence as described below. This changes RRS 26.
- 16.2. At the discretion of the race committee Code flag "I" may be used as the preparatory signal, in accordance with RRS 30.1

MINUTES BEFORE STARTING SIGNAL	VISUAL SIGNAL	SOUND SIGNAL	MEANING
3	Class flag	One	Warning signal
2	P, U, I, or black flag	One	Preparatory signal
1	Prep flag removed	One Long	One minute
0	Class flag removed	One	Starting signal

- 16.3. The starting line is between an orange flag displayed on the Race Committee vessel at the starboard end and the course side of the port-end starting mark.
- 16.4. [SP][NP]Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 16.5. [SP][NP] After starting in a race, a boat shall not sail through the start line in either direction while racing.
- 16.6. A boat that does not start within 3 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 16.7. The starting signal for a class may be the warning signal for a subsequent class.
- 16.8. Classes may be started in any order and combined with other Classes.
- 16.9. In the event of a general recall the fleet(s) recalled will be moved to the end of the starting order

17. THE FINISH

- 17.1. The finishing line is between a staff displaying a blue flag on the Race Committee vessel at the starboard end and the course side of the port end finishing mark.
- 17.2. [SP][NP] Except when finishing, boats shall not sail through the finishing line in either direction, while the Race Committee vessel is displaying a blue flag.

18. TIME LIMITS

- 18.1. Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored “Did Not Finish”. This changes RRS 35 & A5.
- 18.2. Optimist Intermediates that are deemed to be still racing by the Race Committee, but failing to finish within the time limit may be scored an allocated place. This changes RRS 35, A4 and A5.3.
- 18.3. Any boat failing to finish within the time limit will be notified by a member of on water support and asked to return to the starting area.

19. PROTESTS AND REQUESTS FOR REDRESS

- 19.1. Boats intending to protest shall inform the Race Committee immediately after finishing by approaching the starboard side of the Race Committee vessel and hailing the protested boat’s sail number and receive acknowledgement from the race committee.
- 19.2. For each class, the protest time limit (PTL) is 60 minutes after the last boat finishes the last race of the day or the Race Committee signals no more racing today, whichever is later. The PTL will be posted electronically inside the Dinghy Clubhouse.
- 19.3. Hearing request forms are available from inside the Dinghy Clubhouse.
- 19.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Protest Room, located at the Dinghy Clubhouse.

20. SCORING

Scoring will be in accordance with RRS A5.3 as follows:

CHAMPIONSHIP SERIES	
Races in series	14
Races constitute a series	5
Discards after 7 races	1
Discards after 10 races	2
Discards after 13 races	3

21. SAFETY [SP][DP]

- 21.1. A boat that retires from a race shall notify the Race Committee at the first reasonable opportunity. Promptly after returning to shore, the boat shall complete a Retirement Declaration form, which is available at the Race Office.
- 21.2. Windfoil competitors shall wear helmets that conform to EN 1385 or EN1077 or equivalent with at least 300 square centimeters of the exterior surface in a highly visible color (except green and blue).
- 21.3. Whilst afloat competitors are required to wear an impact vest or a personal flotation device that shall conform to the minimum standard ISO 12402-5 (level 50)

22. SIGN ON/OFF [SP][DP]

- 22.1. Boats shall sign-on before leaving the shore and sign off upon returning to shore before the protest time limit expires.
- 22.2. The Sign On/Off is available on PCs located inside the dinghy clubhouse.
- 22.3. In the event of a failure of the electronic Sign On/Off, a paper replacement will be available inside the Dinghy Clubhouse.

23. REPLACEMENT OF CREW OR EQUIPMENT [NP]

- 23.1. The substitution of damaged or lost equipment is not allowed unless authorised in writing by the Race Committee. Requests for substitution shall be made to the Committee at the first reasonable opportunity, which may be after the race via the link below:

<https://fsc.com.au/equipment-change-form/>

- 23.2. Any boat that uses a different sail number to the one registered for the event without submitting an Equipment Changes Form before their 1st warning signal, will be scored DSQ without a hearing for every race prior to Race Committee approving the change. This changes RRS 63.1, A4 and A5.

24. TRASH DISPOSAL

Trash may be placed onboard official vessels.

25. RISK STATEMENT

RRS 3 states:

'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.'

By participating in these events each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

26. INSURANCE

Each participating boat or sailor shall be insured with a valid third-party liability insurance with a minimum cover of AUD \$10,000,000 per incident or the equivalent.

27. MEDIA

By participating in these events, each competitor and his/her support persons automatically grant to the OA, Australian Sailing and their sponsors the absolute right, authority and permission in perpetuity to make, use, distribute and show in any media, from time to time at their discretion, any images, audio and audio visual recordings, biographical information, reproductions (and to make edits and adaptations of the same) of competitors and/or their boat/s during the period of the competition without compensation.

28. PRESENTATIONS AND PRIZES

- 28.1. Results presentations will be announced as soon as practical on Club Championship race days after the last boat finishes the last race of the day.
- 28.2. Pennants will be awarded for each Club Championship race for each class based on over the line results as follows:



1st Place



2nd Place




3rd Place

- 28.3. Additional prizes will be awarded at the discretion of the Organising Authority.
- 28.4. Trophies will be awarded as per **Addendum D**.


TIME	DATE	EVENT
October '24		
TBA	5th	Opening Day Sail Past and Race
1330	12th	Club Championship Race - Day 1
1330	19th	Club Racing
1030	26th	Sail Freo
1030	27th	Sail Freo
November '24		
1330	2nd	Club Racing
1330	9th	Club Championship Race - Day 2
1330	16th	Club Racing
1330	23rd	Club Championship Race - Day 3
	30th	No Club Racing
December '25		
1330	7th	Club Racing
1330	14th	Club Championship Race - Day 4
	21st	No Club Racing
	28th	No Club Racing
January '25		
	4th	No Club Racing
	11th	No Club Racing
	18th	No Club Racing
1330	25th	Club Racing
February '25		
1330	1st	Club Championship - Day 5
1330	8th	Club Racing
1330	15th	Club Racing
1330	22nd	Club Racing
March '25		
	1st	No Club Racing
1330	15th	Club Championship - Day 6
1330	22nd	Club Racing
1330	29th	Club Racing
April '25		
1330	5th	Club Racing
1330	12th	Club Championship - Day 7 FINAL
	19th	No Club Racing
	26th	No Club Racing
May '25		
1800	TBC	Dinghy Season Presentation Night
0930	24th	Huck Scott Winter Series Day 1

The times stated for races refers to the 1st warning signal.
Please refer to Schedule of Events online for current information.

June '25

0930 14th  Huck Scott Winter Series Day 2

July '25

0930 19th  Huck Scott Winter Series Day 3

August '25

0930 16th  Huck Scott Winter Series Day 4 **FINAL**

October '25

4th | Opening Day Sail Past, Race

Multiple Classes

Westsail Coaching Clinic: 21 to 24 Sept – MBSC

WA Youth State Championships: 25 to 26 Sept – MBSC

Sail Melbourne: 28 Nov to 1 Dec – RBYC

Sail Sydney: 6 to 9 Dec – WSC

ICR: 7 to 8 Dec – RFBYC

Sail Brisbane: 18 to 21 Dec – RQYS

Goolgatup Sailing Carnival: 23 to 27 Jan – SoPYC

Miniseries: 8 to 9 Feb – RPYC

Walpole in the Trees: 1 to 2 Mar – WYC

Optimist

WAIODA Teams Racing: 9 to 10 Nov – SoPYC

State Championships: 30 Nov to 1 Dec – NYC

WAIODA Camp: 16 to 20 Dec – NYC

National Championships: 13 to 20 Jan – RQYS

HMAS Perth: 16 Feb – NYC

Windfoil

Cervantes Windsurf Challenge: 3 to 5 Jan – WWA

IWT Youth Wave Titles: 14 to 19 Jan – WWA

Carnarvon Wind Fest: 16 to 19 Jan – WWA

IQ Foil Camp: 20 to 24 Jan – JBSC

ILCA

State Championships: 23 to 24 Nov – GBYC

National Championships: 1 to 8 Jan – RQYS

29er

State Championship: TBC – TCYC

National Championship: 28 Dec to 3 Jan – LCSC

505

Pre-Worlds Regatta: 30 to 31 Dec – ASC

World Championship: 2 to 7 Jan – ASC

National Championship: TBC

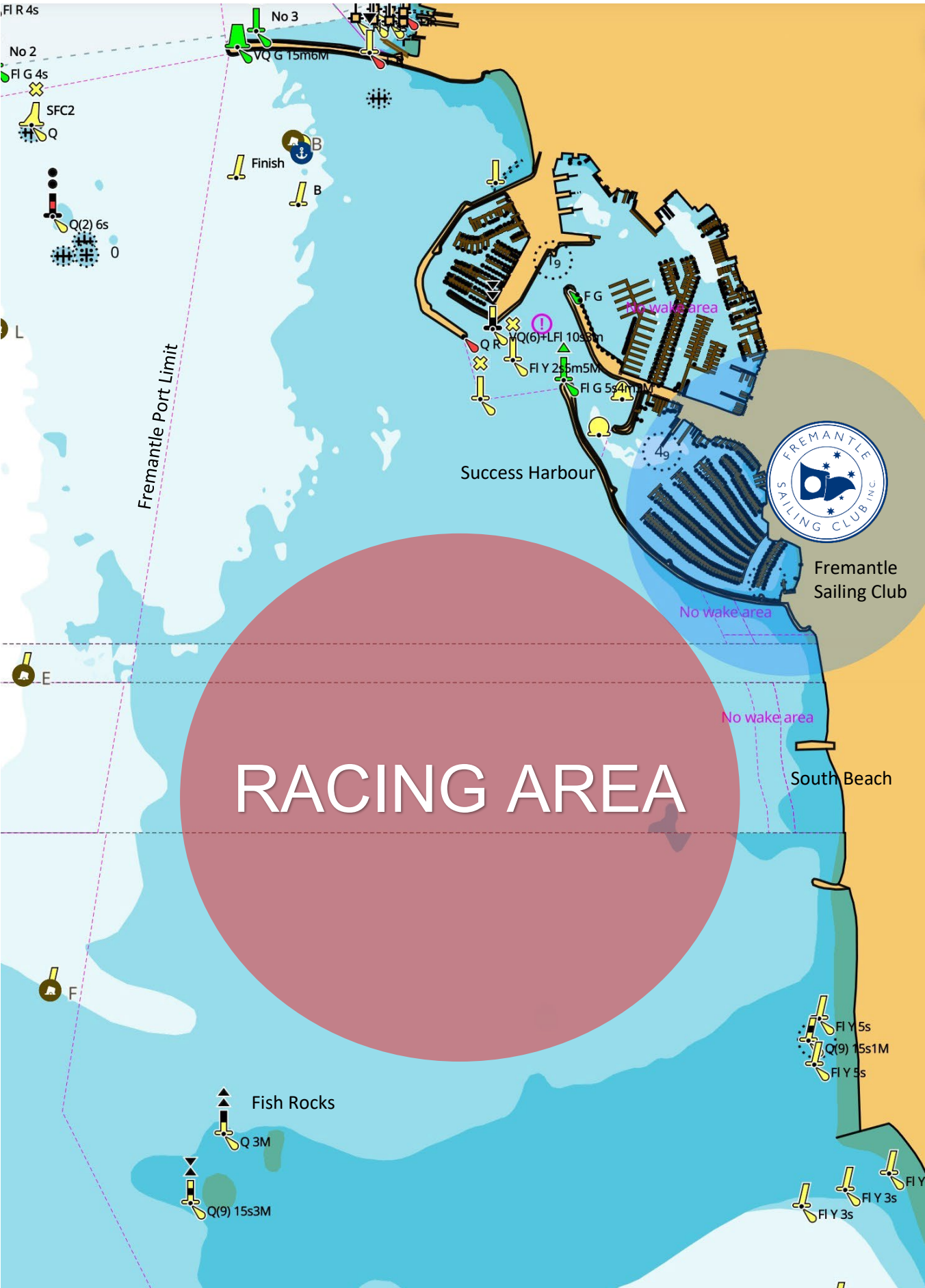
State Championships: TBC

OK Dinghy

State Championships: TBC



National Championship: 4 to 7 Jan – BRYC

Racing will be conducted in the area between Success Harbour, South Beach and Fish Rocks.

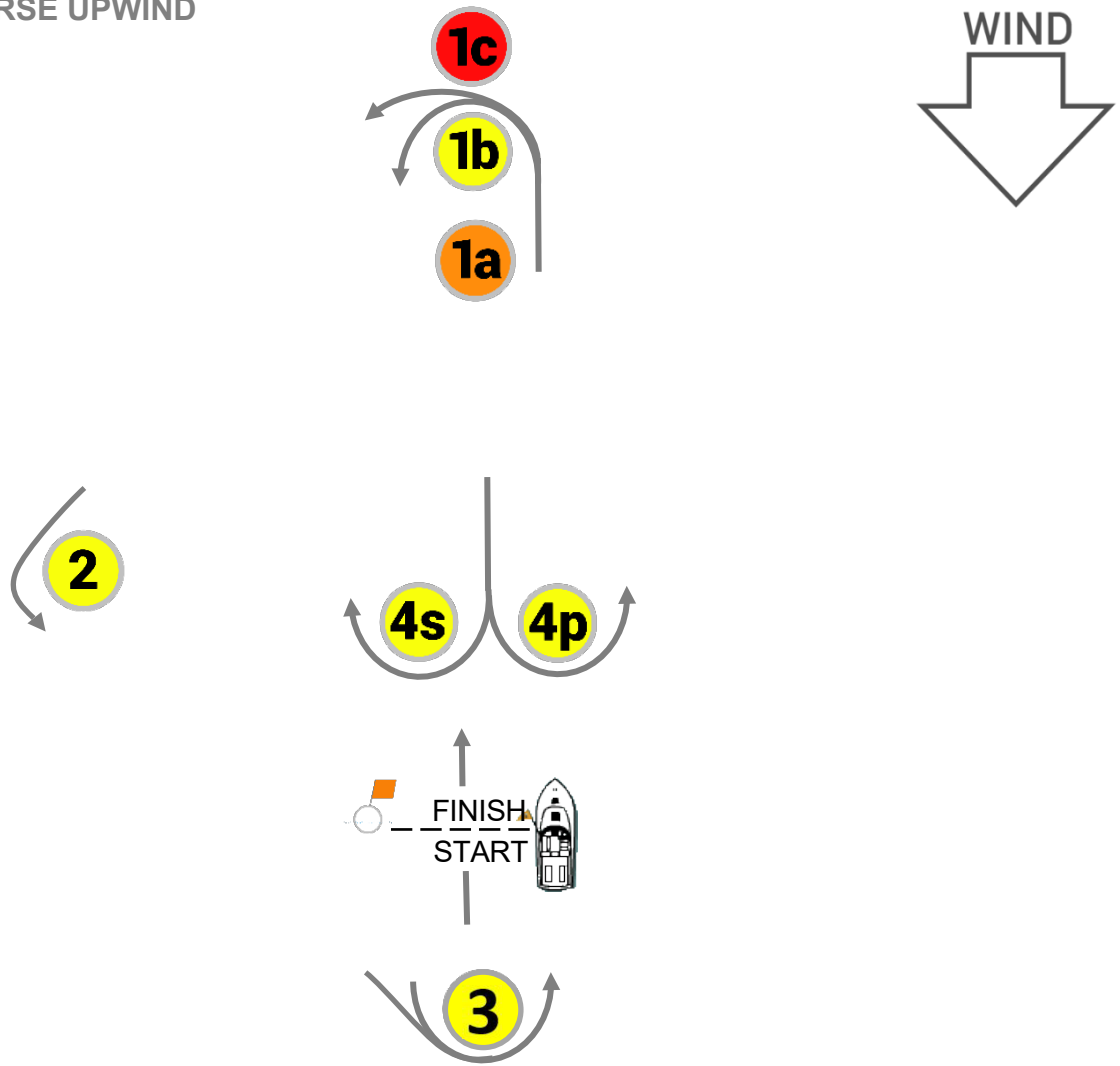


ADDENDUM C – COURSES

OK Dinghy Course

COURSE	SIGNAL	MARK ROUNDING ORDER
1		START – 1b – 2 – 3 – 1b – 3 – FINISH
2		START – 1b – 2 – 3 – 1b – 4s/4p – 1b – 3 – FINISH



TRIANGLE COURSE UPWIND
FINISH



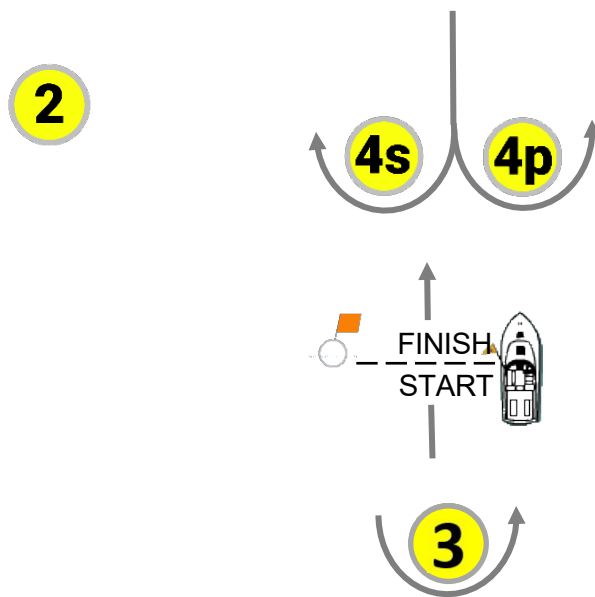
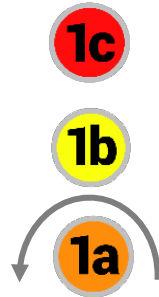
MARK	DESCRIPTION	CLASSES
1b	Yellow inflatable buoy	OK Dinghy, ILCA 4, 6, 7 & 29erXS
2	Yellow inflatable buoy	OK Dinghy
4s 4p	Yellow inflatable buoys	All Classes
3	Yellow inflatable buoy	All Classes

ADDENDUM C – COURSES

Optimist Course

COURSE	SIGNAL	MARK ROUNDING ORDER
1		START – 1a – 4s/4p – 1a – 3 – FINISH
2		START – 1a – 4s/4p – 1a – 4s/4p – 1a – 3 – FINISH



WINDWARD LEeward
COURSE UPWIND FINISH



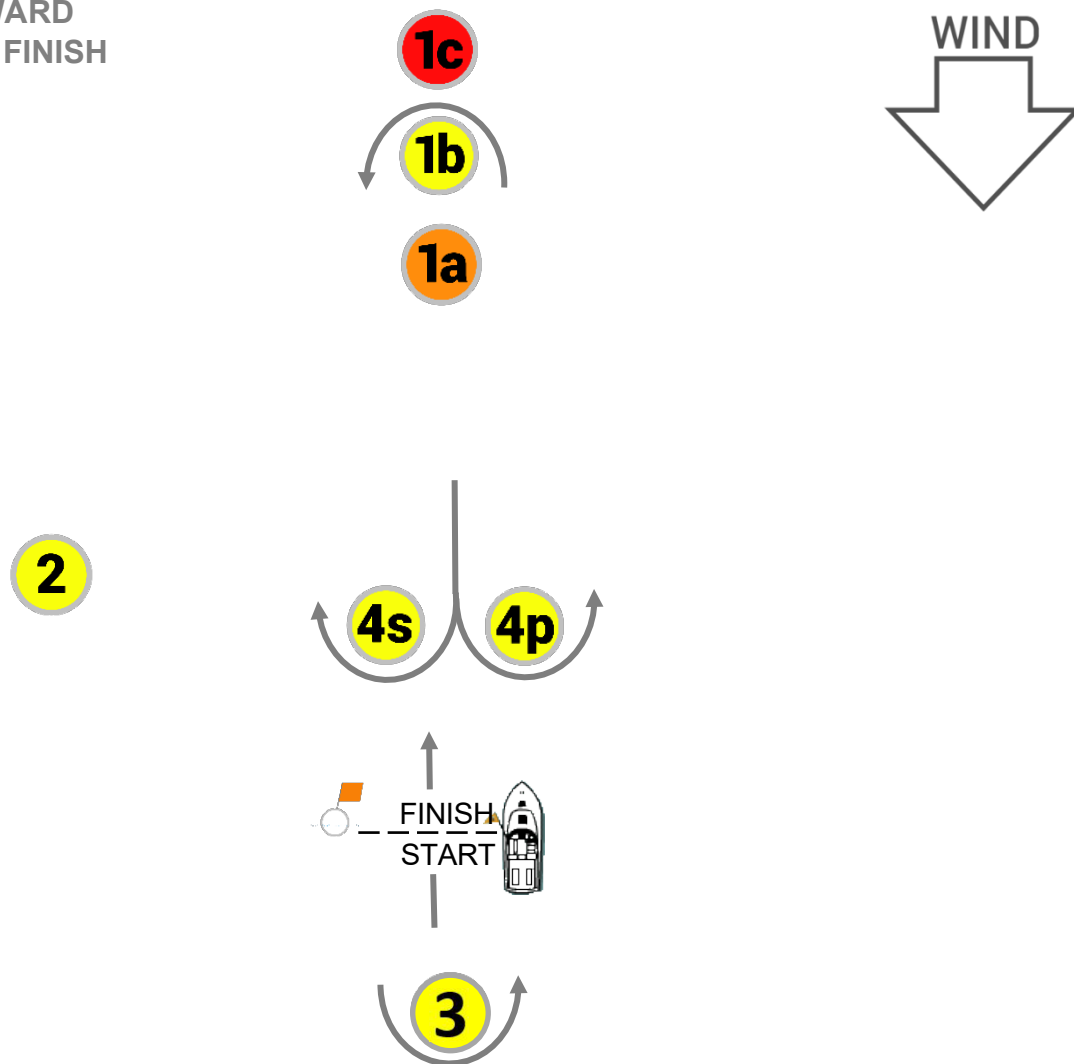
MARK	DESCRIPTION	CLASSES
1a	Orange pimple buoy	Optimist Open & Intermediate
4s 4p	Yellow inflatable buoys	All Classes
3	Yellow inflatable buoy	All Classes

ADDENDUM C – COURSES

ILCA & 29erXS Course

COURSE	SIGNAL	MARK ROUNDING ORDER
1		START – 1b – 4s/4p – 1b – 3 – FINISH
2		START – 1b – 4s/4p – 1b – 4s/4p – 1b – 3 – FINISH



WINDWARD LEeward
COURSE UPWIND FINISH



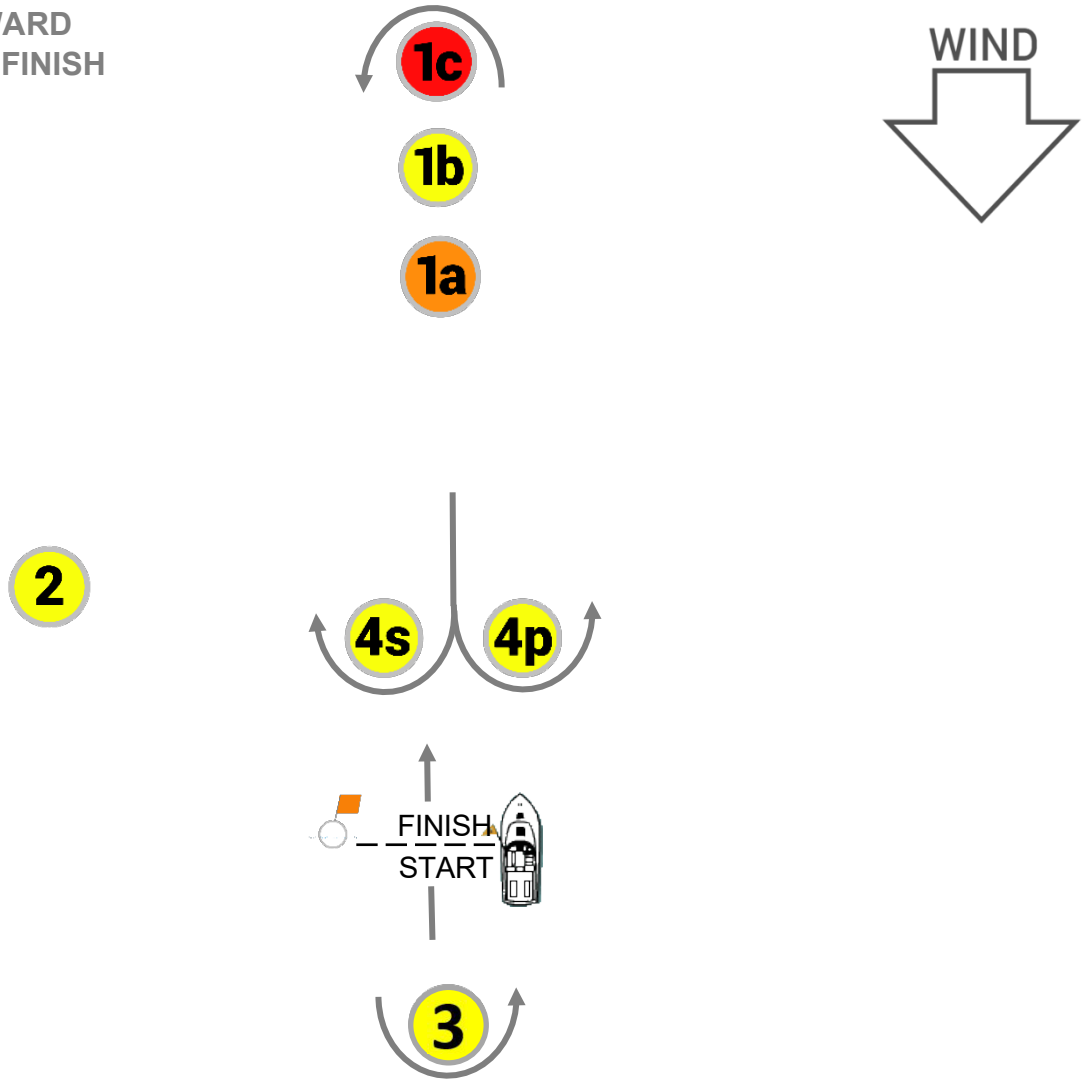
MARK	DESCRIPTION	CLASSES
1b	Yellow inflatable buoy	ILCA 4,6,7, & 29erXS
4s 4p	Yellow inflatable buoys	All Classes
3	Yellow inflatable buoy	All Classes

ADDENDUM C – COURSES

29er, 505, SB20 & Windfoil Course

COURSE	SIGNAL	MARK ROUNDING ORDER
1		START – 1c – 4s/4p – 1c – 3 – FINISH
2		START – 1c – 4s/4p – 1c – 4s/4p – 1c – 3 – FINISH

WINDWARD LEEWARD
COURSE UPWIND FINISH



MARK	DESCRIPTION	CLASSES
1c	Red inflatable buoy	29er, 505, SB20 & Windfoil
4s 4p	Yellow inflatable buoys	All Classes
3	Yellow inflatable buoy	All Classes

Trophies will be awarded at the Dinghy Season Presentation Night. (Refer Addendum A Schedule of Events)

TROPHY	AWARDED TO
Peter Wainwright Award	Most deserving Junior Skipper based on participation and performance potential. This award comprises a trophy and grant to be used by the winner for their sailing development.
Dragon Perpetual Trophy	Most Improved Junior
G&G Hickling Trophy	Best Junior Crew
Peter Winter Trophy	Novice Skipper Award
Schweppes Trophy	Best Junior Sportsmanship
Margaret Cook Award	Encouragement Award
Wild West Challenge Regatta	Junior Winner Heavy Weather
TBC	Senior Sailor of the Year
Journeyman Trophy	Travelled most Km's to sail
Costa Concordia	Coach that made a mistake
TBC	Volunteer of the Year Award
Noel Sweetman Honour Board	Club Member of the Year

RACE SIGNALS



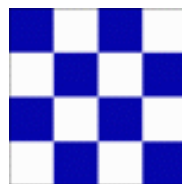
L ↑ ●

Ashore:
A Notice to Competitors has been posted.
Afloat:
Come within hail or follow this vessel.



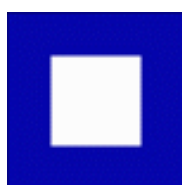
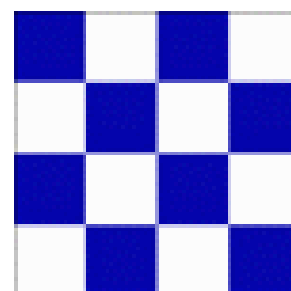
D ↑ ●

A boat shall not leave the shore until flag D (with one sound signal) is displayed. The warning signal will be made not less than 30 minutes after flag D is displayed.



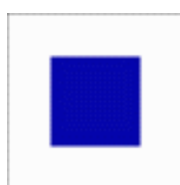
N ↑ ●●● ↓ ●

All races that are in progress are abandoned. Return to the starting area. The warning signal will be made 1 minute after removal unless at that time the race is abandoned again or postponed



P ↑ ● ↓ —

Preparatory Signal



S ↑ ●●

The course has been shortened. Rule 32.2 is in effect.



U ↑ ● ↓ —

Rule 30.3 is in effect.

N
OVER
A ↑ ●●●

All races in progress are abandoned. No more racing today.



V ↑ —

Monitor communication channel for safety instructions. See Rule 37.



Y ↑ ●

Wear a personal floatation device (PFD). See Rule 40.



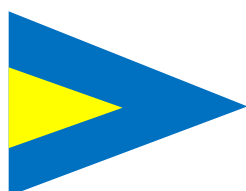
ORANGE

The staff displaying this flag is one end of the starting line.



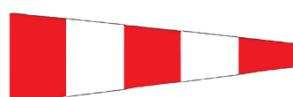
BLUE

The staff displaying this flag is one end of the finishing line.



FIRST SUBSTITUTE ↑ ●● ↓ ●

General recall. The warning signal will be made 1 minute after removal.



ANSWERING PENNANT ↑ ●● ↓ ●

When displayed on water, races not started are postponed. The warning signal will be made 1 minute after removal unless at that time the race is Postponed again or abandoned.

A complete guide to race signals can be found in The Racing Rules of Sailing but only the most commonly used race signals for FSC Keelboat racing have been included here.

Arrows pointing up or down (↑↓) means that a visual signal is displayed or removed.

A dot (•) means a sound

Five short dashes (- - - - -) mean repetitive sounds.

A long dash (—) means a long sound.

When a visual signal is displayed over a class flag or fleet flag, event flag or race area flag, the signal applies to that class, fleet, event or race area flag.



2024 - 2025

Dinghy Racing

PHONE: +61 8 9435 8809

EMAIL: sailing@fsc.com.au

WEBSITE: <https://fremantlesailingclub.com.au>

ADRESS: 151 Marine Terrace, Fremantle

FREMANTLE
SAILING CLUB



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