



FSC BLUE BOOK

DINGHY SECTION

2022

Table of Contents

Dinghy Captain Welcome	2
Who we are	3
Your Dingy Committee	4
The Sailing Office Staff	5
Our expectations of sailors and parents or guardians	6
Volunteering	7
Fees	
Frequently Asked Questions	
Communication Methods	
Contact List	

Dinghy Captain's Welcome

Welcome to Fremantle Sailing Club.

FSC is a vibrant, inclusive and high-performance sailing club – “admired by others”.

The aims of this introduction are to provide parents of new dinghy sailors information about activities at the dinghy club, address the importance of volunteering and personal commitments and to answer frequently asked questions.

The Dinghy Captain's roles and responsibilities include leading the Dinghy Committee, reporting back to the FSC Board on performance and mentoring new parents in the sailing community.

Congratulations on you and your child choosing sailing on the FSC pathway. Hopefully sailing will become a lifelong pursuit.

Dinghy Section Captain



Your Dinghy Committee

Dinghy Captain

Leads our Dinghy Committee and provides direction, innovation, and support.

Communications

Provides promotion for the upcoming Try Sailing courses, club racing, and other special club events. Works closely with the Head Coach to communicate the training schedule and participation.

Volunteers

Provides support and guidance to our volunteers by mentoring and developing the volunteering pathway from Try Sail to Gold Fleet. Ensures that the Club has the correct volunteer skill sets to run the activities, and support the coaches as required.

Projects

Manages the dinghy budget, coordinates Dinghy Committee meetings and social events for the dinghy members, seeks fundraising and sponsorship opportunities, and is the liaison between the Dinghy Committee and the Club.

Dinghy Racing

Manages dinghy racing by conducting racing and overseeing racing results, managing racing safety and racing equipment, and working with Volunteers representative to maintain and develop volunteer skill sets.

Dinghy Training

Provides on water support (mark laying and safety boat duties) as part of club racing, and educates sailor parents on launching and retrieving Optimists, Pacers, and Windsurfers. Also the Saturday morning On-Shore Host (Duty Officer) for the Dinghy Section,

Canteen

Manages the Try Sail sausage sizzles, and oversees everything required for the canteen, including the catering for Club Training and special events.

Boson (Maintenance)

Co-ordinates the workshop and delegation of works. Manages Dinghy club vessels including; Optimists, Lasers, Pacers, Windsurfers and 29er XS rigs. Assists with laying training and racing marks and fuelling the coach boats.

Please refer to the organisation chart posted in the FSC Dinghy Clubhouse for personnel currently fulfilling the Dinghy Committee roles.

Sailing Office Staff

Sailing Manager

Manages the Sailing Office and provides direction for all on water sections, works with club senior management to develop and build the clubs profile.

Head Coach

Provides on-water coaching, support and development opportunities for coaches and sailors during training and racing.

Sailing Coordinator

Arranges dinghy on-water events/regattas, coordinates coaches and instructors to courses and training schedule manages maintenance for Club owned boats and supports the Head Coach when required.

Sailing Administrator

Provides front office administrative support to the Sailing office. Generates dinghy section news, assists in setting and providing Try Sail information and supports club events.

Dinghy Administrator and Maintenance

Sailing office club asset maintenance, upgrades and repair work working with Bosuns and dinghy section volunteers

Our Coaches

We have a range of coaches, some of whom have competed and coached at a world level.

Our Expectations of Sailors and Parents/Guardians

Health, Safety and the Environment

Within the Dinghy Section we believe that the health and safety of sailors, parents, volunteers and staff are paramount. We expect our sailors, parents, volunteers, committee members and staff to lead by example, and promote health and safety including:

- If you see someone behaving in a way that is unsafe, ask them to stop.
- All incidents, no matter how minor, must be reported to FSC Staff, FSC Coaches or a Dinghy Committee member.
- Ensure that the correct safety equipment is used on water e.g. life jackets
- Ensure that hats and sunscreen are worn at all times.

Please be aware that safety training will be arranged for all on-water activities.

The Dinghy Section encourages respect for the environment including use of reusable containers and ensuring all rubbish is placed in the correct bin.

Sailors

Preparation

We expect our sailors to be ready to hit the water, at the time training starts. For example, if the start time is 9:00am This means arriving 30 minutes earlier so that by 9:00am the boat is rigged and the sailor is dressed (with sunscreen, hat, lifejacket etc.) and ready to launch.

Behaviour

It is expected that our sailors' will be courteous, respectful, and kind to their fellow sailors, coaches, volunteers, and Club staff. It is important that our sailors follow all instructions to ensure they are kept safe and get the most out of their training sessions.

Parents and Guardians

FSC Blue Parent Induction

The dinghy section will hold an induction session for all new parents at least once every two months to formally introduce you to the dinghy section and explain in detail how we operate and what we can offer you and your child as well as explaining what commitments we expect from you.

Please feel free to talk to any of the volunteers or staff if you have any questions in the meantime.

Preparation for training

Please understand that sailing is not a drop and run recreational sport, the activities available to our junior members are provided through the efforts of parent volunteers. Parents are expected to:

- Assist their child(ren) with rigging their boat(s), ensuring they are adequately clothed, and signed on/off when required
- Assist coaches by helping with any rigging issues, sunscreen/hats or trollies during launching or retrieval
- Volunteer
- Ensure sailing Membership and Training Fees are paid
- Consider joining the Club as a Parent Member for full use of the FSC facilities.

Volunteering

Our Philosophy

Fremantle Sailing Club's vision is to assist children to attain their best, and develop into competent, caring and confident young adults. The Club is not a service, in fact for our vision to be successful, a mutual obligation between the Club and the parent volunteers is imperative. Volunteering at FSC is fun, healthy and a great way to see your child develop!

Rosters

Parents are expected to volunteer for a minimum of two Saturday morning sessions per season.

Training (On the Job and Formal)

There are many opportunities available for dinghy parents to be involved in the successful running of the dinghy club. These include, but are not limited to:

- Assisting in the canteen
- Onshore boat preparation
- Offshore coach and race support

We understand that many parents haven't been involved in sailing previously, and the idea of volunteering – especially on water, can be intimidating. To mitigate this, the Club commits to training and upskilling all volunteers to ensure they are comfortable and can perform their duties safely. As an example, your volunteering experience may look like this:

First Year

- Cooking the sausage sizzle
- Assisting in the canteen
- Laying training marks
- Assisting in preparing the coach boat

Second Year

- Performing basic maintenance on club owned boats
- Coach support for Try Sailing sessions

Third Year

- Assisting the support boat
- Club racing support

Fourth Year

- Operating the Safety Boat
- Race Officer

We encourage all new Dinghy parents to advise of any skill sets they may already have (e.g. First Aid Certificate, Recreational Skippers Ticket etc.).

Contact the Volunteers representative on the FSC Dinghy Committee for more details on Parent Volunteer training.

Fees

Breakdown of Fees

Junior Membership Fee

All Club membership fees are invoiced annually in May, and it is expected that all membership fees will be paid in full, prior to the start of the new financial year.

Academy – Season Training Fee

The Academy is an integral part of the strategic vision of the club, giving dinghy members the opportunity to receive world class training. Although the Club allocates a significant amount of funding and resources to ensure the Academy can deliver the training programs at an affordable level, a sailor contribution is also required for a sustainable model to continue.

The Summer and Winter Season Training Fees are for all sailors participating in any training, and they equate to \$40.00 per month.

Table of Fees

\$187.00	Junior Membership Fee
\$280.00	Summer Season Training Fee (October – April)
\$200.00	Winter Season Training Fee (May – September)
\$667.00	TOTAL ANNUAL FEES

Note: Fees presented are indicative and subject to change at the clubs discretion. (applied pro-rata).

Frequently Asked Questions

What happens if I can't make my rostered volunteering session?

Try to swap your shift with another parent. If you're unsuccessful, please contact the Dinghy Captain, Volunteers or Training representative on the FSC Dinghy Committee.

How do I know what the weekly sailing program is?

Check the weekly 'Dinghy Update' email newsletter, and notices on Team App. Alternatively, you can check with the coaches or Sailing Office staff.

As a Dinghy parent, can I use all the club privileges?

Yes – including food and beverage discounts.

Communication Methods

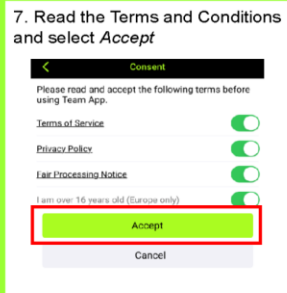
Team App

The FSC Dinghy Club uses Team App for communication and scheduling. Each fleet has their own chat thread used for communication between the Sailing Office, Dinghy Committee, and sailor parents.

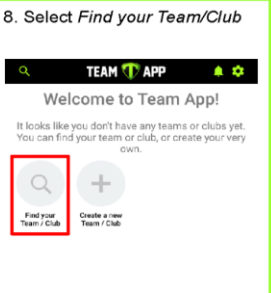
Protocols are in place for use of an FSC social media site, including use of courteous, respectful and kind posts to fellow sailors, coaches, volunteers, and Club staff. No racial, hate or fake news is tolerated.

Getting started with Team App


7. Read the Terms and Conditions and select Accept




8. Select Find your Team/Club



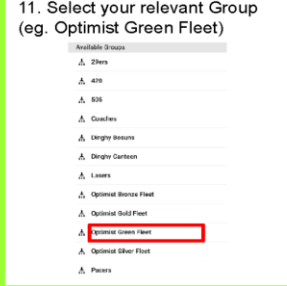
9. Search for and select FSC Dinghy



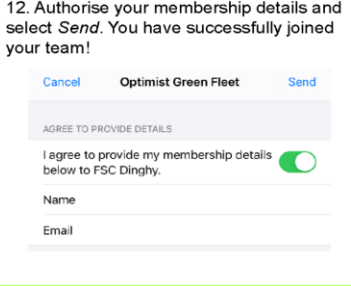
10. Request to join the FSC Dinghy team




11. Select your relevant Group (eg. Optimist Green Fleet)



12. Authorise your membership details and select Send. You have successfully joined your team!

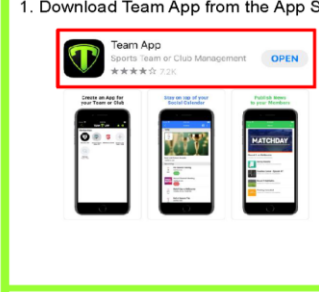


When you return to the main menu you can now access your team's events, schedules chat and newsletters.

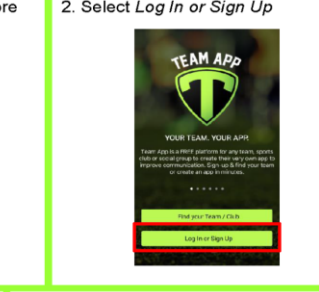


Getting started with Team App

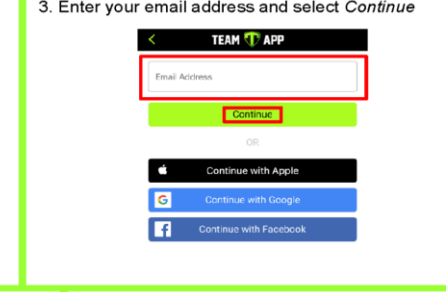
1. Download Team App from the App Store



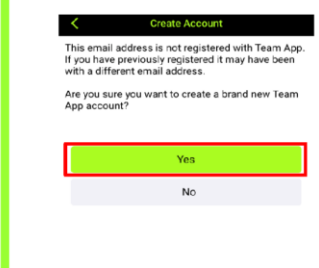
2. Select Log In or Sign Up



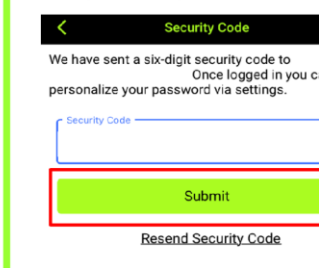
3. Enter your email address and select Continue



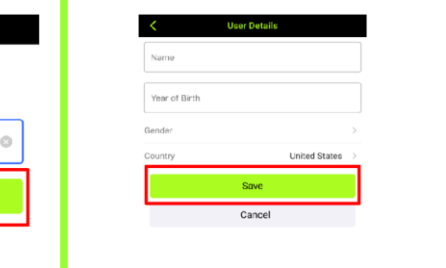
4. Select Yes



5. Enter your security code and select Submit



6. Enter your User Details and select Save



Dinghy Update

The Dinghy Update is a weekly newsletter, emailed to sailors, parents, and volunteers to keep them up to date with training schedules, upcoming events, and general dinghy club news.

When you sign up to the FSC Dinghy Club you will be added to the distribution list. If you have not received this newsletter, please email sailingadmin@fsc.com.au.

Social Media

The Fremantle Sailing Club uses Facebook for general club updates including major activities within the Dinghy Club.

Taking and sharing photographs

Fremantle is a world class sailing location and photographs are effective in showcasing the location and activities of the Dinghy Section. The FSC Dinghy Club administers and shares photographs of dinghy training and racing via Google Drive. Your photos:

- Should have sufficient text to identify sailors and activity, i.e. 'Ben Nevis rigging Optimist for training 25 Jan 2020'
- Will be culled and archived by the Dinghy Committee every six months
- May be used in the bi-annual production of the FSC Blue Water Bulletin, distributed internally and externally to the club.

Photos can be emailed to FSC Dinghy Committee members or uploaded to the Google Drive via link below (a Google email is required):

<https://drive.google.com/drive/folders/1EyGhmfGysCBC60yXI6pLifbWduE5KfFz>

Contact List

Sailing Office Staff	
Sailing Manager	sailingmanager@fsc.com.au
Head Coach	headcoach@fsc.com.au
Sailing and Training	sailing@fsc.com.au
Sailing Administrator	sailingadmin@fsc.com.au
Dinghy Administrator and Assets Management	dinghyadmin@fsc.com.au
Fremantle Sailing Club	
Reception	reception@fsc.com.au
Membership Coordinator	membership@fsc.com.au



151 MARINE TERRACE, FREMANTLE WA 6160
P: 9435 8800 W: WWW.FSC.COM.AU

PHOTOGRAPHY: UNFINISHED PRODUCTIONS
CORRECT AT TIME OF PRINT **DATE**